

## PERSONAL CARE: “IN THE LOO”

### Bottom Wipers

A selection of Standard Bottom Wipers can be compared on the following link at “Ask Sara”. (Click on any item to see stockists). Many of the group find these standard versions too short to use but some people can manage with them:-

Website:

<http://www.asksara.org.uk/>

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### Buckingham Compact Easywipe Bottom Wiper

**completecareshop**  
*your choice for independent living*



**“Product Specification:**

One Buckingham Compact Easywipe Bottom Wiper.

Ergonomic design.

Discrete and dignified.

Easy to use and keep clean.

Supplied with a travel case.

Latex free.

Length: 375mm (15”).

Folded length in case: 220mm (9”).

Weight: 300 gms.”

Website:-

<http://www.completecareshop.co.uk/>

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## “Demand” (Charity)



“DEMAND is a charity dedicated to helping people with disabilities that require bespoke equipment to help them with their everyday lives. We transform the lives of people with disabilities – of all ages and with all types of disability.”

The Bottom wiper illustrated here was designed and made by “Demand”. They can custom-make such items that cannot be purchased elsewhere.

### “What we do:-

DEMAND’s engineering and design expertise enable us to manufacture and refurbish equipment that helps people with disabilities. From two sites in the UK, our team of 20 staff modify, refurbish, design and manufacture equipment that makes the daily life of people with disabilities easier or helps them to enjoy sport and leisure activities. Those with special requirements frequently find there is no ‘off- the- shelf’ solution. The donations we receive enable us to dedicate the time necessary to design solutions specific to an individual and provide the equipment free of charge.”

### How We Do It:-

We visit people at their home, school, or work to assess their needs. We include their Physiotherapist or Occupational Therapist and family/helper/carer to ensure that everything is taken into account. Our team of designers begin the design process and manufacture a prototype. At the next visit we test to find any unforeseen problems. Once we have arrived at a solution that matches the individual’s needs, the product is finished to a high standard.”

### Website:-

<http://www.demand.org.uk/>

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## **“Freedom Wand” wiper/cleaner**



“The Freedom Wand™ is an easy to use, multipurpose, portable, personal toilet tissue aid. It's specifically designed for personal cleaning and hygiene for anyone with limited mobility. The four fingers easily grasp toilet tissue, a razor, loofah, or ointment applicator. The easy to use slide button releases tissue into the toilet with little effort.”

Video demonstration of how to use the Freedom Wand on Youtube:

<http://www.youtube.com/>

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## **TOILET ADAPTATIONS AND ADDITIONS**

### **“Clo-so-mat”**



“The Clos-o-Mat automatic WC shower toilet provides flushing, washing and warm air drying from one simple operation. It is user-friendly for people who have restricted use of their hands. By reducing hand contact, it also provides improved hygiene for all users.”

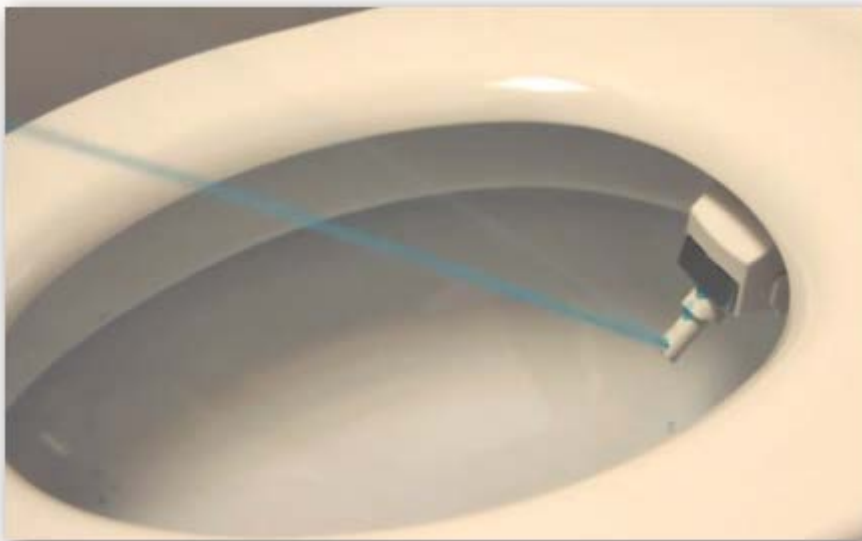
Website:

<http://www.clos-o-mat.com/>



**NEW FOR 2013 !**

**“Better Bidet”      From Wes Medical**



**Manufacturer's information:**

- “The Better Bidet is a brilliant low cost new bidet system that fits onto your toilet seat.
- Everyone dealing with care issues for the elderly, the disabled, the obese, or post operative or post natal hygiene needs, should try to see this brand new invention which is unveiled for the very first time here at Naidex in 2013.
- It is portable, cheap, and so effective that it will be a boon to anyone who would like to clean themselves with water rather than just dry wipe. (It could greatly help the way we all deal with personal hygiene in the bathroom too).”

Website not yet showing full details, e-mail them for further information via:-  
info@[wesmedical.com](mailto:info@wesmedical.com)

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## Geberit Toilet “Aquaclean”



# ■ GEBERIT

From Geberit UK. There are currently models 4000, 5000, 5000plus, 8000 and 8000plus, but models and numbers (and prices) seem to change quite quickly.

See on Ask Sara :-

<http://www.asksara.org.uk/>

Browse through their range of products here:-

<http://www.i-love-water.com/>

If you need it to be floor-fitted you have to make sure it is the “8000plus” as there is an “8000” which is just wall mounted.

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## “Biobidet”



Read more :-

<http://www.healthandcare.co.uk/>



U.K.:-

<http://www.biobidet.co.uk/>

More information on “powered bidets” on “Ask Sara”:-

<http://www.asksara.org.uk/>

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## “Whoosh” microshowers

### MicroShower



“Convert your toilet into a Toilet/ Bidet. “High quality stylish bidet MicroShowers have been specifically designed for UK plumbing systems. They can be quickly and easily fitted next to most toilets by plumbers or by competent do-it-yourself-ers.”

“Whoosh” MicroShowers are only available from these websites:-

In the UK:-

<http://www.microshower.co.uk/>

In America

<http://bidetsprayers.com/>

Some plumbing information on fitting available on the internet :-

<http://www.ehow.com/>

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## “Dignity commode”

**“A possible solution following an operation and a period of time when you have to live downstairs and can not use your wash and dry toilet. A wash and dry commode”**



Website:

<http://www.gordonellis.com/>

See on Youtube:-

<http://www.youtube.com/>

Details of renting a Dignity Commode:-

There is an upfront payment of £100 to cover delivery and collection and professional cleaning after the hire period.

It is £175 for the first 3 months which is the minimum hire period. Thereafter each month is £65.

All prices are plus vat but you will be able to sign the vat exemption form. Delivery is within 2-3 days of receipt of order.

Please call them on 0844 579 1106 or email them on:- [info@dignitycommode.co.uk](mailto:info@dignitycommode.co.uk)

See on Ask Sara:

<http://www.asksara.org.uk/>

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## Andrexx "Moist" toilet tissues



"Andrexx" supply a very wide range of personal and toilet cleansing products.

Website:

<http://www.bing.com/images/>

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## Kleenex "moist" toilet tissues



"Kleenex" supply a very wide range of personal and toilet cleansing products.

Will that puppy never grow up?

Websites accessible from:

<http://www.bing.com/>

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## Raised Toilet Seat with padded Cover



- “Raises the height of the toilet to help user get on and off more easily.
- Padding improves comfort.
- For people who have sitting problems, fragile skin or who have to sit for a long time, this padded cover and raised toilet seat combination provides the ideal solution. The soft but durable plastic cover fits easily on to the Prima raised toilet seat and is easy to clean.
- Total Height: 75mm (3")
- Maximum User Weight Limit 190kg (30st)”

Website:

<http://www.nrs-uk.co.uk/>

## “Uplift” Commode



- “Lifting action provides additional support for users who need assistance to get on and off a standard toilet even when this is at the correct height for them.
- Can also be used in an alternative room of access to the toilet is difficult.”

Website:

<http://www.nrs-uk.co.uk/>

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## “Neptune” Toilet Lift

*first***STREET**<sup>®</sup>  
for Boomers and Beyond<sup>®</sup>



“Everybody wants privacy in the bathroom, and now it’s possible, thanks to this unique toilet lift seat. This oh-so-helpful aid to independent living fits over existing toilet, gently lowering and raising a person into position and minimizing the necessity for manual handling from caregivers. For comfort, the angle of approach mimics natural body motion.”

Demonstration video on Youtube:

<http://www.youtube.com/>

Manufacturer’s website:

<http://www.firststreetonline.com/>

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## “Bio-care” bags



- “The new bio-degradable Care Bag is a commode potty liner containing a special sheet that absorbs and gels waste.
- After using, the liner is simply removed, sealed with a draw string and disposed, either by incineration or as the care bag is bio-degradable into normal household rubbish.
- By gelling and containing the waste the Care Bag reduces spills and contamination, eliminating the onerous and time consuming need to wash the commode potty.
- Ideal for use in homecare, where it provides a hygienic, simple and convenient solution to emptying the used potties.
- Supplied in a pack of 20.”

Website:

<http://www.nrs-uk.co.uk/>

## Bed Pans and Urinals (various) (for male and females)

A range of at least 20 makes-and-models are available at this link:-

Website:

<http://www.nrs-uk.co.uk/>

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### “Shewee”



**Advertised for “When you just have to go.....” and just might be helpful.**

The “Shewee” and the pouch in combination may be of use if a toilet is simply NOT accessible.

Purchase from their website or Amazon

Here is their very cheerful website....:-

<http://www.shewee.com/>

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### Female urinal



**Hearing & Mobility**

“Large handled female urinal anatomically designed for use sitting/standing or lying down.”

Website:

<http://www.hearingandmobility.co.uk/>

## Female “Petal” urinal



“White durable plastic urinal with rubber capping for emptying.”

Website:

<http://www.hearingandmobility.co.uk/>

## “Pulp” female urinal



“Disposable pulp female urinal effective at retaining liquid.”

Website:

<http://www.hearingandmobility.co.uk/>

## Travel female urinal



“Discreet urinal bag with secure fastening lid. Reusable and washable.”

Website:

<http://www.hearingandmobility.co.uk/>

## Travel bag with unisex urinal



"Completely discreet unisex urinal with washable carry bag. Can be attached to wheelchair."

Website:

<http://www.hearingandmobility.co.uk/>

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## "Uriwell" unisex portable urinal



"The Uriwell portable urinal bottle is an easy to gadget which has a number of unique sanitary features. Additionally it is a unisex device, so is suitable for both male and female use.

This portable urinal is physically very flexible, bending so that it can be used from any position – standing, lying or sitting with no spilling. Users can stay in their car, chair or bed when nature calls!"

Website:

<http://www.buckinghamhealthcare.co.uk/>

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## “Vernagel”



- “Vernagel contains unique crystals that absorb moisture.
- Ideal for use in urinals or commodes.
- Absorbs the contents for easy disposal.
- 100 sachets”

Website:

<http://www.hearingandmobility.co.uk/>

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## ***Raised Toilet Seats***

(for after an operation and when your mobility for sitting and standing is restricted.)

A wide range available from this website:

<http://www.gordonellishealthcare.co.uk/>

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## **Range of Toilet seats from Pressalit**

PRESSALIT.  
CARE

- “Large range of styles and colours with options of increased stability on some with strong crossbar hinges for sideways transfers from wheelchair.
- Also stabilising buffers to ensure seat sits securely on the toilet bowl even with sideways pressure.
- Hard wearing and easy to clean hinges.”

Website:

<http://www.pressalit.de/>

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## “Big John”



“Roomier than any other toilet seat for stability and comfort. Attaches to a normal toilet. A width of 19”/50cm compared to the standard of 14.5”/35cm gives comfort, security and will give long lasting use in any household and the increased width makes the toilet seat ideal for a larger person. Max load 60st”.

Website:

<http://www.gordonellishealthcare.co.uk/>

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## “Mountway Solo Toilet Lift”



bringing independence to life



“Powered lifting action replicates the body's natural standing movement. User is gently lowered onto toilet, then when required, raised to full standing position. Seat can be stopped at any desired position. Ideal for users unable to sit with hips and knees at 90 degrees.”

Website:

<http://www.mountway.co.uk/>

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## **“Flipper” Toilet seat lifter**



“FLIPPER, hands-free toilet seat lifter, is here to save relationships across the globe. You never have to touch the toilet seat again—simply step on and off the pedal and the toilet seat will automatically raise and lower by itself.

The principle of “FLIPPER” is extremely simple and straightforward. People do not want to touch unhygienic things such as waste can lids and toilet seats. As we step on a pedal to lift the waste can lid and step off to lower the lid, toilet seats can be lifted and lowered.

Ladies do not have to complain about men's forgetting to lower the toilet seats since the toilet seats will be always be lowered after their use.”

Website:

<http://www.youtube.com/>

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**If you are searching for any other equipment to assist independence in the loo or you have good ideas to add to this leaflet please contact HealthLink.**

**HEALTHLINK TEL:- 01455 290 343    [anne.horton@thalidomidetrust.org](mailto:anne.horton@thalidomidetrust.org)**